

# The effect of a virtues acknowledgement

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- After a theoretical journey of 11 years

I found an explanation  
of the effects I saw

Even by children < 3 years old  
and demented people

- **Professor Joachim Bauer**  
**Neurobiologist.**

**FEEL GOOD = THANKS TO THE  
PRODUCTION OF CERTAIN SUBSTANCES  
IN OUR LYMBIC SYSTEM:**

- **amphetamines, hormones**
  - **and amino acids :**
- **provide a good or bad feeling**
- **Provide energy or lethargy.**

- **Nothing comes by itself, also motivation to live, to learn not. Since the discovery of the neuro-biological centers in our body we know that that**
  - ensure our sense for life,
- **/ our will to live,**
  - our **energy suppliers,**
  - ensure motivation to do things or leave it,
  - ensure **the meaning and the fun to perform.**

# Happines coctail trio

DOPAMINE (performance drug)

OPIOID (pleasant feeling drug)

OXITICINE ( friendship drug)

# That means humans

- Have fun
- Feel a meaning in life
- are ready, together with others, to put something special in the world  
-and want celebrate the outcome of their deeds.

- The latest neurobiological studies (see Prinzip der Menschlichkeit section 2 and 3) show that this takes :
  - interest
  - social confirmation
  - personal appreciation that from one man to the other, intangible and material is expressed.

- **VIRTUES ACKNOWLEDGEMENT?**
- **-we show interest in the other**
  - we give a social confirmation
  - and we show individual valuation of one human being to another.



**So we meet**  
**the conditions**  
necessary for the brain  
to turn to create  
**the happiness trio!**

- To get people
- - to feel pleasure and
- - **to feel the meaning of life**
- - to experience and feel the inner craft in a sense **that they want to contribute something to the world together ... ..**

- and then can  
enjoy the  
results together